



EAST HADDAM PARKS & RECREATION

2023 SUMMER CAMP INFORMATION GUIDE

Welcome to the East Haddam Parks & Recreation 2023 Summer Camp Program!

Please read and save this letter – It contains important information.

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IMPORTANT NOTE

Attached as the last 2 pages on this informational packet is a permission slip form. Please read and sign this form, detach it, and submit at least two weeks prior to the start of camp. This completed form must be received before your child can attend camp.

ABOUT OUR PROGRAMS:

Day Camp is available to all students entering grades 1-8. (Ages 5-13) Grades are as of Fall 2023.

SPECIFICS-DATES & TIMES:

Camp will be held from Monday, July 10, 2023, through Friday, August 18, 2023
Camp supervision is from 8:00 AM to 3:00 PM, Monday through Friday.

AFTER CARE:

After Care is also available (for an additional cost) Monday through Friday from 3:00 P.M. to 5:00 P.M.

After Care is \$50/week for weeks 1,3, 4 & 5. \$40/week on week 2. Week 2 -no After Care on Wednesday, July 19 due to Cave Hill field trip. \$30/week on week 6. Week 6- no After Care on the Wednesday, August 16 due to Cave Hill field trip. No after care on last day of camp Friday, August 18.

*Please be sure to arrive promptly by 5:00 PM for After Care pick-up. It is important to note that this program operates with a strict three-strike policy, which is detailed in the table below:

Late Pickup	Penalty
First Infraction	Warning Issued
Second Infraction	\$10 fine per every 10 minutes you are late
Third Infraction	Child will be withdrawn from After Care program with no refund

PICK-UP AND DROP OFF INFORMATION:

Check-in is between 8:00 AM and 8:30 AM and will be held in the back-parking lot of the Nathan Hale-Ray Middle School near the softball field.

A parent or authorized adult must sign their camper out with a program supervisor, including after field trips. Only adults that have been authorized on your child's registration form or by written permission may pick your child up. If the staff does not recognize the individual, photo identification will be required.

Please sign your child out between 2:45 and 3:00 PM., OR between 4:45 and 5:00 PM if scheduled for After Care. Children are allowed to arrive late and leave early if necessary – please notify a staff member if you plan to do so.

REGISTRATION INFORMATION:

Please note that registration is on a first come, first served basis, and that a registration is only considered complete once it has been submitted and payment has been accepted.

Registration forms can be accessed and submitted on our website (www.easthaddamrec.com).

Payments can be made in person (at the Parks & Rec office), online

(www.easthaddamrec.com), or over the phone ([860] 873-5058). Please note that payment is expected at the time of registration, and that the registration deadline is two weeks prior to the start of an individual week.

(Example: If you are registering your child for Week 1, the registration deadline will be Monday, June 26th, since camp begins on Monday July 10th.)

The price of camp does not include the cost of field trips, and is as follows:

Enrollment	Price
Weekly	Week 1, 3, 4, 5: \$170 Weeks 2 & 6: \$190 All 6 Weeks: \$1000
After Care (Weekly)	Weeks 1, 3, 4, 5: \$50 Weeks 2: \$40 Week 6: \$30

Refunds, less a 3% processing fee (per child, per week), will be given only if the child has been withdrawn by a written request no later than 1 week before the session they are registered for begins. A change in session may be made at no charge if space is available.

FIELD TRIP SPECIFICATIONS:

Our campers will have the opportunity to attend numerous field trips throughout our six weeks of camp. Most trips will be open to Grades 1-8, however, on Tuesday, August 1st, the field trip to Powder Ridge will be limited to campers entering Grades 4-8 in the fall.

All field trip details may be found in their own individual itineraries. Links to these itineraries can be found on the East Haddam Parks & Rec website (on the camp field trip registration page) and printed copies will be available at camp.

Most field trips will return to camp before 3:00pm. However, one trip will return a bit later. The following field trip is scheduled for a return time after 3:00 PM:

Trip	Date	Pickup Time
Lake Compounce	Tuesday, August 15 th	4:45 PM

Certain field trips may require your child to wear specific attire, or to bring certain items along with them. Certain field trips also require waivers filled out in advance of the trip. For your convenience, this information is outlined in the table below, as well as on the itinerary for each individual field trip.

TRIP SPECIFICATIONS
<p><u>Saybrook Point Mini Golf (Tues. July 11) \$14</u></p> <ul style="list-style-type: none"> ▪ Please wear: <ul style="list-style-type: none"> - Comfortable walking shoes - Sunscreen - Hat/sunglasses (optional) ▪ Please bring: <ul style="list-style-type: none"> - Bagged Lunch - Water - Spending money (optional)
<p><u>Flight Trampoline (Wed. July 12) \$30</u></p> <p style="text-align: center;">* Waiver required*</p> <ul style="list-style-type: none"> ▪ Please wear: <ul style="list-style-type: none"> - Comfortable clothing for jumping - Jump socks provided & included in cost of trip ▪ Please bring: <ul style="list-style-type: none"> - Bagged Lunch - Water

Indian River Marina & Kayak (Tues. July 18) \$32

Waiver Required

- Please wear:
 - Sandals/Water Shoes
 - Swimsuit - Sunscreen
 - Hat/sunglasses (optional)
- Please bring:
 - Towel
 - Sunscreen
 - Ziplock bagged lunch (will be brought on the kayaks to be eaten on the island)
 - Water

Cave Hill & Camp BBQ (Wed. July 19) Rain Date 7/20

- Please wear:
 - Sandals or Water Shoes
 - Sneakers for climbing on playscape & exploring
 - Swimsuit – under clothing
 - Change of clothes
 - Hat/sunglasses (optional)
- Please bring:
 - Sneakers for climbing & exploring
 - Swimsuit – under clothing
 - Change of clothes
 - Hat/sunglasses (optional)
 - Life vest for canoe, fishing pole & bait (optional)
- Treats & Sides to share with the group (optional; nut-free, please!)

Nomads (Tues. July 25) \$36

- Please wear:
 - Comfortable clothing for climbing wall & laser tag
- Please bring:
 - Bagged Lunch
 - Water

The Dinosaur Place at Nature's Art (Weds. July 26) \$44

- Please bring:
 - Bagged lunch
 - Water
 - Towel & Sunscreen
- Please wear:
 - Sandals or Water Shoes
 - Sneakers for climbing on playscape & exploring
 - Swimsuit – under clothing
 - Change of clothes
 - Hat/sunglasses (optional)

Spare Time (Wed. August 2) \$30

- Please wear:
 - Comfortable clothes for laser tag
 - Socks required for bowling
- Please bring:
 - Water bottle
 - Bagged Lunch

Powder Ridge (Thurs. August 3) \$38 (Grades 4-8 only)

Waiver Required

- Please bring:
 - Bagged lunch
 - Water
 - Towel & Sunscreen
- Please wear:
 - Sneakers for climbing & exploring
 - Hat/sunglasses (optional)

The Cave (Tues. August 8) \$38

- Please wear:
 - Sneakers
 - Comfortable clothes for climbing & laser tag

- Please bring:
 - Bagged lunch
 - Water

Gallery Cinemas (Wed. August 9) \$24

- Please bring:
 - Optional spending \$ for snacks

(Small drink, gummy snack & popcorn are included in trip cost)

Lake Compounce (Tues. August 15) \$44

- Please wear:
 - Sneakers (lots of walking)
 - water shoes/ flip flops for water park
 - Swimsuit- under clothing
 - Hat/sunglasses (optional)
- Please bring:
 - Bagged lunch
 - Towel
 - Sunscreen
 - Change of clothing
 - Water
 - Spending money (optional- for food/snacks)

Cave Hill & Camp BBQ (Wed. August 16) Rain Date 8/17

- Please wear:
 - Sandals or Water Shoes
 - Sneakers for climbing on playscape & exploring
 - Swimsuit – under clothing
 - Change of clothes
 - Hat/sunglasses (optional)
- Please bring:
 - Sneakers for climbing & exploring
 - Change of clothes
 - Hat/sunglasses (optional)
 - Life vest for canoe, fishing pole & bait (optional)
- Treats & Sides to share with the group (optional; nut-free, please!)

Please note: On days that your child will be wearing a swimsuit, please be sure that they arrive to camp already wearing their swimsuit under their clothes and bring a change of clothing.

SUNSCREEN & MEDICATION REGULATIONS:

- Please be aware that all physical health forms must be up to date and received 2 weeks prior to attending camp. Any physical dated within two years of camp attendance dates is valid for our purposes.
- According to the Connecticut State Statutes, topical over-the-counter medications (such as sunscreen and insect repellent) do not need a physician's order.
- Sunscreen may not be sufficient protection for every child. Please provide the camp with written instructions if you wish for your child to wear a hat or shirt all day, or if you wish them to keep any articles of clothing on over their swimsuit while in the water. Additionally, we appreciate your cooperation in applying your child's first application of sunscreen or topical medication before they arrive to camp each day. The staff will ask all camper to re-apply sunscreen at 9:30 AM and 12:15 PM to children and will offer assistance to those who may need it.
- According to the Connecticut State Statutes, your child's physician must complete a medication authorization for each prescription and oral over-the-counter medication that you wish our staff to administer. Otherwise, you may bring these medications to our site and administer them yourself at the time(s) your child will need it.
 - If you wish for our staff to administer your child's medication, please bring the completed authorization form(s), along with the medication(s), to the program on the first day it is needed.

ADDITIONAL INFORMATION:

- All our Summer Camp staff is CPR and First Aid certified.
- Please be sure that your child brings bottled water, a snack, and a lunch every day.
- While certain attire has been outlined according to each field trip, please dress your child appropriately for the weather.
- In the event of severe weather, outdoor field trips may be rescheduled.

- Our staff or local news outlets may photograph children in the program. If you do not wish your child’s name or photograph to appear in a newspaper, on the town website, in Parks & Rec emails or program flyers, on bulletin boards, or in any media not otherwise specified, please indicate this clearly in the comments section of the registration form.
- Children who are disruptive, or cannot adapt to the program, may be withdrawn. East Haddam Parks & Recreation does not tolerate bullying or harassment, in any capacity, in any of our programs.

CONTACT INFORMATION:

The day camp directors, Corri Cummings and Jenna Masci will be available daily at camp to discuss any concerns.

In case of emergency, they may be contacted via the Middle School Main Office at (860) 873-5081 or via the Remind 101 App.

You may also leave a message regarding your questions or concerns for the director of East Haddam Parks and Recreation, Lisa Conroy, at (860) 873-5058. Lisa can also be contacted via email at lisa.conroy@easthaddam.org.

Camp Daily Schedule Sample

8:00-8:30 a.m.	Sign-in
8:30-8:45 a.m.	Group morning meeting
8:45-9:30 a.m.	Nature Walk
9:30-10:00 a.m.	Snack/Sunscreen check
10:00-10:45 a.m.	Art
10:45-11:30 a.m.	Games/Playground
11:30 a.m. -12:15 p.m.	Music/Theater
12:15-1:00 p.m.	Lunch/Sunscreen Check
1:00-1:45 p.m.	Gym
1:45-2:30 p.m.	Free choice
2:30-3:00 p.m.	Pack-up/Closing meeting
3:00-5:00 p.m.	After Care for those enrolled

EHPR Summer 2023 Camp Program Policies & Covid-19

1. EHPR will closely follow and monitor all CDC guidelines related to youth-specific activities and sports/camp-related policies.
2. If your child doesn't feel well we ask that they please not attend camp. If a child becomes ill, parents will immediately be notified to pick up their child.
3. This summer we will establish groups by grade for morning and afternoon meetings, field trips, and many of our camp rotations.
4. Our groups will typically consist of 15 campers and 3 counselors. We may combine groups when space and nature of activity allows. We will hold camp at Nathan Hale-Ray Middle School. Groups will rotate among a number of stations including...Gym, Art, Music/Theater, Games, and Playground/Outdoors.
5. Check-in/check-out – Parents may check in their child from their vehicle. We found this to be super convenient and quick for families who are rushing off to work. You are welcome to park and walk your child up to our check-in table as well.
6. Snack and Lunch Times – As normally practiced due to food sensitivities and allergies, sharing of food or drink is strictly forbidden.
7. The parent's role – Please send these items in with your child daily... a water bottle, snacks, lunch, and sunscreen. Sneakers are best to wear for gym and outdoor activities.
8. At this time, we have 2 field trips scheduled per week. They are optional and are an additional fee.
9. Campers must register for the entire week.
10. We will hold camp at the Town Beach on Fridays, weather permitting. Campers will have the option to purchase a treat from the ice cream truck when it visits us at the beach.
11. We reserve the right to modify these guidelines in accordance with guidelines recommended by CDC, DECD, OEC, and DPH.

East Haddam Parks & Rec is committed to providing a safe and fun summer opportunity for your child. We are so excited to make memories with them!

Please read, complete, and submit this form at least two weeks prior to your child attending camp. The completed form may be emailed (lisa.conroy@easthaddam.org), uploaded to your Parks and Rec account online at www.easthaddamrec.com, mailed, or returned in person. If mailed, please send to the following address: East Haddam Parks and Recreation, PO Box 385, Moodus, CT 06469. *Please fill out a separate form for each individual child.*

SUMMER CAMP PERMISSION SLIP FORM

<i>Child's Name</i>	<i>Date of Birth</i>	<i>Grade</i>	
<i>Parent/Guardian Name(s)</i>			
<i>Street Address</i>	<i>City</i>	<i>State</i>	<i>Zip</i>
<i>Preferred Day Time Phone Number</i>	<i>Secondary Day Time Phone Number</i>		

I give my permission for my child, named above, to attend the field trips that are checked below. I understand that my child will be supervised by East Haddam Parks and Recreation staff and will be transported by a private bus company, hired by East Haddam Parks and Recreation.

DATE	LOCATION	INITIALS
Week 1 – Tues. July 11	Saybrook Point Mini Golf (Old Saybrook, CT)	
Week 1 – Weds. July 12	Flight Trampoline Park (New Britain, CT)	
Week 2 – Tues. July 18	Indian River Marina and Kayak (Clinton, CT)	
Week 2 – Weds. July 19	Cave Hill (Moodus, CT)	
Week 3– Tues. July 25	Nomads Adventure Quest (South Windsor, CT)	
Week 3 – Weds. July 26	Dinosaur Place at Nature's Art (Montville, CT)	
Week 4 – Wed. Aug. 2	Spare Time (Vernon, CT)	
Week 4 – Thurs. Aug. 3	*Grades 4-8 ONLY* Powder Ridge (Middlefield, CT)	
Week 5- Tues. Aug. 8	The Cave (Bethel, CT)	
Week 5- Wed. Aug. 9	Gallery Cinemas (Colchester, CT)	
Week 6- Tues. Aug. 15	Lake Compounce (Bristol, CT)	
Week 6- Wed. Aug. 16	Cave Hill (Moodus, CT)	

SUMMER CAMP PERMISSION SLIP FORM

1. You may choose to give your child permission to ride or walk to/from camp and sign themselves in/out of camp. **Grades 6+**

_____ I give my permission for my child to ride/walk and sign themselves in/out of camp. I understand that East Haddam Parks and Recreation is not responsible for my child prior to their signing in at camp and after they sign out.

2. **Physical assessment and medical authorization form...**

_____ I have attached the required physical assessment and medical authorization form (if applicable).

3. **Sunblock re-application assistance**

_____ I give camp staff permission to help my child re-apply sunblock should they need assistance.

I understand that by signing this form, I am acknowledging that I have read, understand, and agree to the terms explained in this informational packet. I understand that despite best practices my child may still be exposed to the COVID-19 virus, and I accept that risk and do not hold East Haddam Parks and Recreation or the Town of East Haddam liable. I am also acknowledging I understand the above guidelines will be applicable to camp.

Parent/Guardian Signature

Date

THANK YOU FOR TAKING THE TIME TO REVIEW THIS IMPORTANT INFORMATION. AND AS ALWAYS, THANK YOU FOR SUPPORTING EAST HADDAM PARKS & RECREATION!

