EAST HADDAM PARKS & RECREATION

2021 SUMMER CAMP INFORMATION

Welcome to the East Haddam Parks & Recreation 2021 Summer Camp Program!

Please read and save this letter – It contains important information.

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IMPORTANT NOTE

Attached as the last page on this informational packet is a permission slip form. Please read and sign this form, detach it, and return it to your camp directors at least two weeks prior to the start of camp. This completed form must be received before your child can attend camp.

ABOUT OUR PROGRAMS

◆ Day Camp is available to all East Haddam residents entering grades 1-

2021 Specifics: Dates & Times

◆ Camp will be held Monday, June 28, 2021 through Friday, August 13, 2021 ◆ Camp supervision is from 8:00 AM to 3:00 PM, Monday through Friday. Please pick your child up promptly by 3 PM.

| Late Pickup | Penalty |
|------------------|---|
| First Infraction | Warning Issued |
| Second | \$10 fine per every 10 minutes you are late |
| Infraction | |
| Third | Child will be withdrawn from camp. |
| Infraction | |

PICK UP & DROP OFF INFORMATION

Please arrive for drop-off and pick-up at the scheduled times. Children who arrive early, or are not picked-up on time, may be withdrawn from the program.

Upon arrival, you will take your child's temperature with your own thermometer and answer a few COVID-related questions. Camp directors will take temperature with non-contact thermometer if you are unable to. Check in is between 8:00 AM and 8:30 AM and will be held in the back parking lot of the Nathan Hale-Ray Middle School near the softball field.

Only adults that have been authorized on your child's registration form or by written permission may pick your child up. If the staff does not recognize the individual, photo identification will be required. Please sign your child out between 2:45 and 3:00 PM. Children may arrive late and leave early if necessary. Please notify a staff member if you plan to do so.

REGISTRATION INFORMATION

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Please note that registration is on a first come, first served basis, and that a registration is only considered complete once it has been submitted and payment has been accepted.

Please register online on our website at www.easthaddamrec.com

Payments can be made online at www.easthaddamrec.com, mailed in to the office (EHPR, P.O. Box 385, Moodus, CT 06469) or made over the phone (860)-873-5058. Please note that payment is expected at the time of registration, and that the registration deadline is two weeks prior to the start of an individual week. (Example: If you are registering your child for the full summer, the registration deadline will be Monday, June 14th, since camp begins on Monday, June 28th. If you were registering your child for Week 3 only, the registration deadline would be Monday, June 28th, since camp week #3 begins on Monday, July 12th.)

The price of camp is as follows:

| Enrollment | Price |
|---|-------|
| | |
| Weekly (Weeks 1, 4, 5, 7) | \$155 |
| Weekly (Week 2)- No camp July 5th | \$125 |
| Weekly (Weeks 3 & 6 – includes Cave Hill fee) \$167 | |
| Full Summer (Includes Cave Hill fee) | \$975 |

Refunds, less a 3% processing fee (per child, per week), will be given only for medical reasons if the child has been withdrawn by a <u>written request</u> no later than 2 weeks before the session they are registered begins and must be accompanied by a doctor's note.

Due to COVID-19 related restrictions there will be no field trips this summer, with the exception of two trips to Cave Hill...July 14th and August 4th.

Specific information has been detailed in the trip itinerary. The itinerary will be emailed to the parents/guardians of each registered camper for the week(s) applicable to the camper's enrollment. Additionally, the itinerary is posted on the East Haddam Parks & Rec website, and printed copies will be available at the camp.

Cave Hill will require your child to wear specific attire, or to bring certain items along with them. For your convenience, this information is outlined in the table below, as well as on the itinerary for each individual field trip.

Cave Hill, Thurs. July 14th and August 4th

- Please wear:
 - Swimsuit
 - Sunscreen
 - Sneakers (optional, for those who want to go for a hike)
- Please bring:
 - Sunscreen
 - Towel
 - Water
 - Bagged lunch and snack

Please note: On days that your child will be wearing a swimsuit, please be sure that they arrive to camp already wearing their swimsuit under their clothes.

MEDICATION REGULATIONS

SUPER IMPORTANT INFORMATION BELOW!!!!!

- Please be aware that all physical health forms must be up to date and received 2 weeks prior to attending camp. Any physical taken within two years prior to camp is valid for our purposes.
- If you wish for our staff to administer your child's medication, please submit the completed authorization form(s) prior to the start of camp. On your first day of camp please bring any medication(s) in the original packaging, clearly labeled with your child's name.
- Sunscreen may not be sufficient protection for every child. Please provide the camp with written instructions if you wish for your child to wear a hat or shirt all day, or if you wish them to keep any articles of clothing on over their swimsuit while in the water. Additionally, we appreciate your cooperation in applying your child's first application of sunscreen or topical

- medication before they arrive to camp each day. The staff will remind campers and help re-apply sunscreen around 10 AM and 1 PM.
- According to the Connecticut State Statutes, your child's physician must complete a medication authorization for each prescription and oral overthe-counter medication that you wish our staff to administer. Otherwise, you may bring these medications to our site and administer them yourself at the time(s) your child will need it.

ADDITIONAL INFORMATION

- All our Summer Camp staff is CPR and First Aid certified.
- Please bring water, a snack, a lunch, hand sanitizer, and a pencil box with art supplies (markers, crayons, pencil, scissors, glue stick) every day.
- Please dress your children appropriately for the weather.
- In the event of severe weather, days at the beach and at Cave Hill may be re-scheduled.
- Our staff or local news outlets may photograph children in the program. If you do not wish your child's name or photograph to appear in a newspaper, on the town website, in Parks & Rec emails or program flyers, on bulletin boards, or in any media not otherwise specified, please indicate this clearly in the comments section of the registration form.
- Children who are disruptive, or cannot adapt to the program, including new social distancing guidelines and mask use when indoors may be withdrawn, and no refund will be issued. East Haddam Parks & Recreation does not tolerate bullying or harassment, in any capacity, in any of our programs.

CONTACT INFORMATION

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The day camp directors, Sarah Kraszewski and Garrett Lemke, will be available in person at camp at 8:00am each morning. They can also be contacted via email:

Sarah: sarah.kraszewski@easthaddamschools.org

Garrett: g.lemke810@gmail.com

In case of emergency, Sarah and Garrett can also be contacted via telephone during camp hours. In this instance, please call the Nathan Hale-Ray Middle School main office (860) 873-5081.

You may also leave a message regarding your questions or concerns for the director of East Haddam Parks and Recreation, Lisa Conroy, at (860) 873-5058 or at the school numbers provided above. Lisa can also be contacted via email at lisa.conroy@easthaddam.org.

For additional information about our 2021 Summer Camps, or any of the many other programs that East Haddam Parks & Rec has to offer, please visit our website: www.easthaddamrec.com or follow us on Facebook: www.facebook.com/easthaddamrec.com

East Haddam Parks and Recreation

SUMMER CAMP PERMISSION SLIP FORM

Please fill out a separate form for each individual child.

Additional forms can be accessed on our website (<u>www.easthaddamrec.com</u>)

| Child's Name | Date of Birth | Grade |
|--------------|---------------|-------|
| | | |

| Street Address | | City | State | Zip |
|---|---|---|--|-----------------|
| Preferred Day Time Phone N | umber | Secondary D | ay Time Phone I | Number |
| I give my permission for that are checked below East Haddam Parks an bus company, hired by | w. I understand d Recreation sta | that my child ff and will be | will be super transported | vised by |
| DATE | | LOCATION | | PARENTS INITIAL |
| Week 3 – July 14 (15 Rain date) | Cave Hill (138 Lees) | ville Rd, Moodus, | CT) | |
| Week 6 – August 4 (5 Rain date) | Cave Hill (138 Lees | | | |
| You may choose to give and sign themselves in and sign themselves in I give my permission in/out of camp. I understand responsible for my child prior Physical assessment as | on for my child to that East Hadda to their signing | arades 6+ ride/walk an m Parks and F in at camp an | d sign themse Recreation is n d after they s | elves ot |
| 3. Physical assessment a | na medicai auth | orization forn | n | |
| I have attached the authorization form (if applica | | al assessment | and medical | |
| 4. Sunblock re-applicatio | n assistance | | | |
| I give camp st should they need assis | aff permission to | help my chil | d re-apply sur | block |

EHPR Summer 2021 Camp Program Policies in Response to COVID-19

- 1. EHPR will closely follow and monitor all CDC guidelines related to youth-specific activities and sports/camp-related policies.
- 2. EHPR program staff, participants and any family members must not be or have been sick within the past 14-days. Any staff member or participant who does not comply will not be allowed at programs until the 14-day minimum has been reached (or current DPH guidelines as they may change prior to start of camp).
- 3. All staff and children are required to be screened for any observable illness, including cough or respiratory distress, and to confirm temperature below 100 degrees Fahrenheit. Screening includes assessing health by taking temperature. Parents will be asked to take their child's temperature upon arrival. Staff or children who have a temperature greater than 100 degrees are not permitted into the program. In addition, upon drop off parent will be asked if anyone in their home has been ill within the past 14 days or has had contact with anyone in the last 14 days that has been ill. If the answer is yes, the child will not be allowed to attend camp.
- 4. Group sizes are limited to 20 children. Each group will have the same counselors and the same group of participants for the duration of the program. Groups are not allowed to mix/intermingle when indoors. We will hold camp at Nathan Hale-Ray Middle School. We will be keeping sibling staffers and campers together in groups. Each group will be assigned to their own classroom that will be used when we can't be outdoors due to inclement weather. Campers will participate in a variety of activity stations led by our art and sports specialists.
- 5. If a child becomes ill or develops an elevated temperature at camp, the child will be moved to a designated area at least 15 feet away from other participants. Parents will immediately be notified to pick up their child.
- 6. Staff and campers must wear face masks when indoors. Masks may be removed when outdoors.
- 7. Programs will be run outdoors as much as possible.
- 8. No contact check-in/check-out Parents will check in their child from their car, verbally acknowledging child's name for attendance purposes, stating any special notes regarding allergies, approved pick-up contacts, health concerns, etc.

- 9. Strict hand washing practices All participants must wash their hands after using the restroom for 20 seconds with soap and water or use a hand sanitizer that contains at least 60% alcohol. Before/after snack breaks and lunches children must wash hands for 20 seconds with soap and water or use a hand sanitizer that contains at least 60% alcohol. EHPR will provide hand sanitizer as an extra precaution (while supplies last), but we urge parents to provide their child with their own bottle which should not be shared with other participants.
- 10. Snack and Lunch Times As normally practiced, sharing of food or drink is strictly forbidden.
- 11. Face touching EHPR staff will remind participants throughout each session not to touch their face, mouth or eyes. Participants will also be reminded to cover all coughs and sneezes with their elbow crease/forearm. Dispose of soiled tissues in a designated trash bin immediately after use. Participants will need to wash their hands for 20 seconds with soap and water or use a hand sanitizer that contains at least 60% alcohol after sneezing, coughing and nose blowing.
- 12. Equipment All equipment will be sanitized after each camp session and during sessions as needed. Equipment will not be shared between cohorts.
- 13. The parent's role In addition to a water bottle, snacks and lunch, and sunscreen, parents should provide hand sanitizer (if available) and may want to provide a towel which will help in limiting facial touching. Face masks are required for all campers and staff when indoors. Please see Mask Wearing Policy below.
- 14. At this time, no field trips are scheduled due to transportation concerns and social distancing challenges. However, we will be holding camp at Cave Hill during weeks 3 (July 14th / 15th will be our rain date) and during week 6 (August 4th/August 5th rain date).
- 15. Due to the guidelines restricting intermingling of campers we will not be offering daily registration option or after care at this time. Campers must register for the entire week. We will revisit this policy as COVID Safety guidelines may change over time.
- 16. All campers must bring a pencil box with art supplies...scissors, crayons, markers, glue stick, pencil to help limit cross contamination.

- 17. We will hold camp at the Town Beach for campers on Friday if the weather cooperates.
- 18. We reserve the right to modify these guidelines in accordance with guidelines recommended by CDC, DECD, OEC, and DPH.

Scenario Procedures: Staff or Participant Tests Positive for COVID-19

- **1.** If a staff member or participant tests positive for COVID-19 during a program, the program for that 20-person group will immediately be cancelled and staff members, participants will be notified. The local health department will be notified.
- **2.** If made known to EHPR that a staff member or participant tests positive for COVID-19 within two weeks of completion of a program, staff members, participants and the partnering organization will be notified. The local health department will also be notified.
- **3.** If an EHPR staff member tests positive for COVID-19, they will be placed in an inactive status until they are symptom-free and 10 days have passed since their last symptom **or** they provide a doctor's note stating a negative test result.
- **4.** If a EHPR staff member reports symptoms of COVID-19 (e.g., fever, cough, shortness of breath), they will be placed in an inactive status until at least 72 hours have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms **and** at least 10 days have passed since symptoms first appeared.

Mask Wearing Policy

This policy outlines the requirements for mask wearing in any East Haddam Parks and Recreation program. Updated guidance from the Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics along with the guidance to assist children with the social emotional aspects of mask wearing found on the website of the Connecticut Office of Early Childhood.

Mask Requirements

All staff are required to wear a mask or face covering at all times while in the program unless doing so would be contrary to his or her health or safety because of a medical condition, or subject to another exception listed below. If a medical condition exists, documentation will be required from a licensed medical practitioner.

Children ages three and older are required to wear a mask or face covering except for the following:

- A child with a documented medical condition, special health care need, or developmental need (such as sensory integration) for whom wearing a mask or face covering would be contrary to their health or safety. A child with a documented disability or special education need for whom wearing a mask or face covering would be contrary to their needs. In addition, children and staff while involved with certain special education and related services activities like speech and language therapy or where lip reading is required.
- Children who are newly enrolled within the past two months and are working toward mask wearing.
- Children who have just turned three years old within the past two months and are acclimating to wearing a mask.

Breaks from Mask Wearing

- Children are not required to wear a mask while eating, sleeping or resting. During these times when masks are removed, distance between children will be maximized, maintaining at least 6 feet of distance wherever possible.
- Frequent mask breaks will be held in the morning and in the afternoon within cohorts of children. During these breaks, a physical distance between children will be maximized, maintaining at least 6 feet of distance wherever possible.
- Children will be allowed to remove their mask when outdoors.

Children Experiencing Difficulties with Mask Wearing

 Staff will work with children who have difficulty complying with the mask requirement by issuing soft verbal reminders and other gentle means of supporting compliance. Children will not be disciplined or excluded from the program or isolated from their peers due to non-compliance with mask wearing. Staff will work with parents of children having difficulty wearing a face mask to develop a plan to support the child so that they will adapt to wearing a face mask. However, if a parent refuses to have their child wear a face mask, continued enrollment will not be permitted.

Wearing and Removing Masks

• Hands will be washed or sanitized before putting on a mask.

I understand that by signing this form, I am acknowledging that I have read, understand, and agree to the terms explained in this informational packet. I understand that despite best practices my child may still be exposed to the COVID-19 virus and I accept that risk and do not hold East Haddam Parks and Recreation or the Town of East Haddam liable. I am also acknowledging I understand the above guidelines (current as of June 10, 2021) will be applicable to camp.

We are committed to providing a safe and fun summer opportunity for your child and are so excited to make memories with them!!!

Parent/Guardian Signature

Date

INFORMED CONSENT

I hereby attest that I have been informed of the following pertaining to the coronavirus:

o People who are 65 years and older and people of any age who have serious underlying medical conditions or are at higher risk for severe illness from COVID-19 are recommended to stay at home. A list of medical conditions associated with a higher risk for severe illness from COVID-19 can be found in CDC's guidance.1 Individuals and families should consult their healthcare provider to determine whether they have medical conditions that place them at risk.

o Staff and children living in households with individuals who are 65 years and older OR have higher risk for severe illness from COVID-19 are recommended to stay home.

| Signature of Staff or Parent/Guardian | Printed Name | | |
|---------------------------------------|--------------|--|--|
| Child's Name | Date | | |

1 Includes chronic lung disease or moderate to severe asthma, serious heart conditions, immunocompromised (cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications), severe obesity (body mass index [BMI] of 40 or higher), diabetes, chronic kidney disease undergoing dialysis and liver disease. Individuals should consult their healthcare provide to determine whether they have medical conditions that place them at increased risk for severe illness from COVID-19.

Camp Daily Schedule Sample

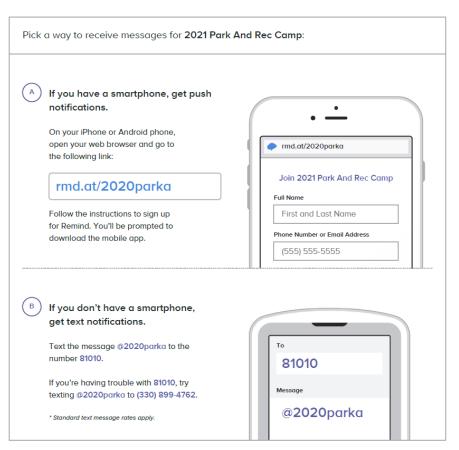
| 8:00-8:30 | Sign-in |
|-------------|-------------------------|
| 8:30-8:45 | Group morning meeting |
| 8:45-9:30 | Nature Walk |
| 9:30-10:00 | Snack/Sunscreen check |
| 10:00-10:45 | Art |
| 10:45-11:30 | Games/Playground |
| 11:30-12:15 | Gym |
| 12:15-1:00 | Lunch |
| 1:00-1:45 | Playground |
| 1:45-2:30 | Free choice |
| 2:30-3:00 | Pack-up/Closing meeting |

This summer, we will be using a mobile app called Remind 101 to communicate with families. To sign up for this free service, please see the information below. It's super easy, I promise!



Sign up for important updates from Lisa Conroy and Sarah Kraszewski.

Get information for 2021 Park And Rec Camp right on your phone—not on handouts.



 $\textbf{Don't have a mobile phone? Go to } \underline{\textbf{rmd.at/2020parka}} \text{ on a desktop computer to sign up for email notifications.}$

Please return this completed packet two weeks prior to your child attending camp. This form may be mailed, emailed (lisa.conroy@easthaddam.org) or returned in person. If mailed, please send to the following address:

East Haddam Parks and Recreation

1 Plains Road

P.O. Box 385

Moodus, CT 06469