



# EAST HADDAM PARKS AND RECREATION

FALL NEWSLETTER | SEPTEMBER | OCTOBER | NOVEMBER | 2021

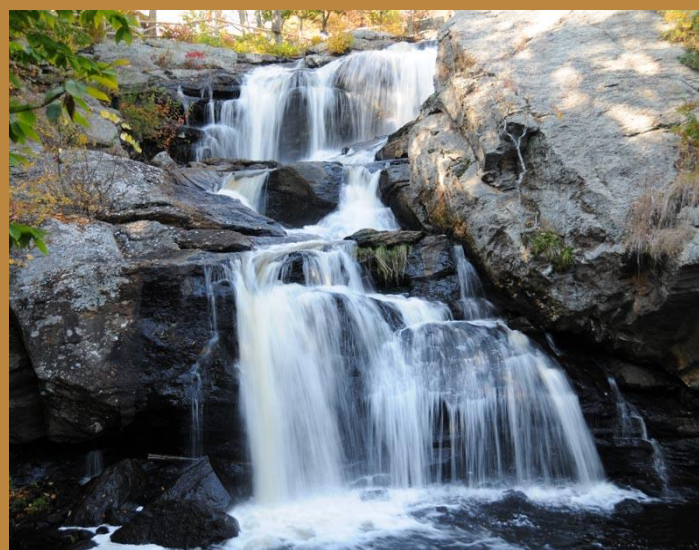
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## EAST HADDAM PARKS AND RECREATION HAS A NEW WEBSITE AND REGISTRATION SYSTEM.

Please go to [www.easthaddamrec.com](http://www.easthaddamrec.com).

Click on the Create New Account link to open your account and gain easier access to program registration.

Be sure to add all the members of your household into the account. Don't forget to enter your cell number with the carrier so we can text you with any last-minute changes.

Your new household account will provide you with registrations history, financial history and much more.

We look forward to enjoying this enhanced registration experience with you.

### PLEASE NOTE

- Programs are filled on a first come, first serve basis
- All Programs require advance registration, unless otherwise noted
- Please remain aware of registration deadlines, as materials, jerseys, etc. need to be purchased ahead of time. In addition, time for team placement and other planning details must be allowed for.
- Registration must be completed online or in person at the Parks & Rec. office
- Late charges may be applied to registrations submitted after the deadline
- No refund will be given after the program starts



EAST HADDAM PARKS & RECREATION | 1 PLAINS ROAD |  
MOODUS, CT | 06469 | P.O. BOX 385

PHONE: (860) 873-5058 | FAX: (860) 873-5028 |  
[WWW.EASTHADDAMREC.COM](http://WWW.EASTHADDAMREC.COM)

OFFICE HOURS: MONDAY – FRIDAY 9 AM – 2 PM



## COMMISSONERS

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CHAIR

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PATRICK LAFFAN

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# PROGRAMS

## FALL YOUTH SOCCER FOR AGES 4-9

**\*ALL SESSIONS CURRENTLY FULL\***

September 11 - October 23 (No October 9),  
Rain Date: October 30.

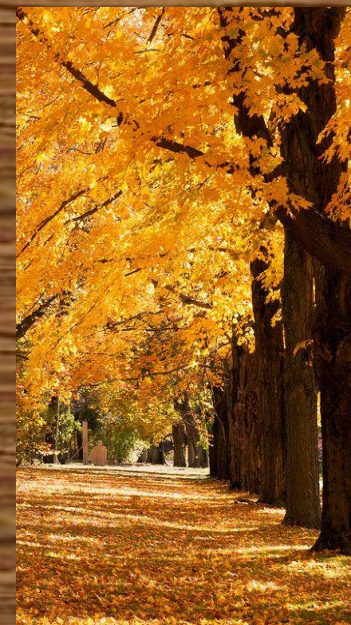
Ages 4&5: Saturdays, 2-3 p.m. and 4-5 p.m.  
30-minute drills, 30-minute scrimmage, \$60.

Ages 6-9: Saturdays and Tuesdays  
Saturday: 30-minute drills, 30-minute  
scrimmage.

Ages 6&7: Saturdays, 3-4p.m.

Ages 8&9: Saturdays 4-5p.m.

Tuesdays: Traditional Games  
5:30 p.m.-6:30 p.m., \$70.



## FALL BASKETBALL CLINICS FOR GRADES 4-5 WITH COACH SARAH ANDERSON

Boys on Wednesdays, September 22, 29 October 6, 13, 27

3:15 p.m. - 5:00 p.m.

October 20 half day 1:15 p.m. - 3:00 p.m.

Girls on Fridays, September 24, October 1, 15, 29 3:15 p.m. - 5:00 p.m.

October 22 half day & October 8 no school 1:15 p.m. - 3:00 p.m.,

NHRMS Outdoor Basketball Courts

\$100 for session

## GG LEAGUES E-GAMES FOR AGES 8-ADULT

We have partnered with GGleagues to bring video game leagues to our community. Choose to play in Rocket League, FIFA, Madden, Fortnite, and Super Smash Bros leagues. Each league will run for 6 weeks. Registration closes on September 29th. Play begins week of October 4, 2021. 6 weeks of competition (5-week season plus 1 playoff week). Divisions for Youth (Ages 8-12, 7-8 p.m.), Teen (Ages 13-17, 8-9 p.m.) and Adult (18+, 9-10 p.m.).

Prizes for top team include in-game currency, and GGLeagues champion shirt & medal.

Cost: \$30 for 6-weeks

To register please visit [www.ggleagues.com](http://www.ggleagues.com) Parent info-session Wednesday, September 15 at 7p.m. EST. Sign up here to learn more... <https://www.eventbrite.com/.../esports-101-session-for>.



## AMERICAN RED CROSS WHEN I'M IN CHARGE

Participants will learn the safe way to stay home alone. While parents should determine if their child is ready to stay home alone, this class can help students make safe decisions and begin to feel more comfortable with their skills and abilities. Topics include internet safety, sibling care, and basic emergency care. Class will be taught by our certified American Red Cross instructor. Participants must be at least 9 years old to take this class. Wednesday, September 21, 5:30-7:00 p.m., Ages 9-12.  
Cost: \$30



## AMERICAN RED CROSS BABYSITTING CLASS

Participants will learn the basic skills needed to be a safe babysitter. Attendees will receive a certificate if they take the entire class and successfully demonstrate their skills to the American Red Cross instructor. Must be at least 11 years old to take the class. October 18, 20 & 27, 5:30-7:00 p.m.

Cost: \$65.



## AMERICAN RED CROSS: CPR FOR BABYSITTERS

This is an extension of our ARC Babysitting Course and is open to all those who have previously taken our babysitting class. This class will certify babysitters in Basic First Aid as well as Infant and Child CPR. Monday, November 22 & Tuesday, November 23, 5:30-7:00 p.m.

Cost: \$72.



## BOOT CAMP

Get back to basics with a fitness BOOT CAMP class!

Our in person sessions will focus on exercises and functional movements like push-ups, squats and sit-ups. We provide a great 60-minute workout with a 15-minute stretch that will improve your core strength and balance. Participants have used our class for weight loss and general fitness.

Tuesdays and Thursdays

6:00 p.m.-7:15 p.m.

September 28 – November 4

November 16 – December 23

Location: Various outdoor locations and the Municipal Gym

Cost: 1x/week \$47, 2x/week \$71, or \$10 drop-in.

## GENTLE YOGA

Wednesday, August 25 and runs through  
October 13

This class is appropriate for all levels of  
fitness or yoga experience.

Ages 16 and up.

Increase your strength and flexibility while  
decreasing stress. This class will be offered  
online via Facebook Live, Wednesdays  
6:30 p.m., \$80 (9 classes) or \$12 drop-in

All participants must have a  
Facebook account to participate in the  
virtual program. Please call the office (860)  
873-5058 if you need financial assistance.

## COED 18+ BASKETBALL

Pick-Up Basketball in the Municipal Gym.

### September Session

Mondays, 6-8p.m.

September 13, 20, 27 (No September 6)  
and

Thursdays, 7-9 p.m.

September 2, 9, 16, 23, & 30

\$25 for all 8 days

**October Session:** October 7, 14, 18, 21, 25, 28

\$20 for all 6 days

**November Session:** November 1, 4, 8, 15, 18, 22, 29

\$23 for all 7 days

Must pre-register. Please wear a mask if you are not  
vaccinated.

## PICKLEBALL

Mondays 9:30 a.m. – 11:30 a.m.

Wednesdays 6:00 p.m. – 8:00 p.m.

Fridays 9:30 a.m. – 11:30 a.m.

**Location:** Municipal Gym

**Cost:** \$5/day, \$4/day with purchase of pickleball club card (\$40 for 10 days), option to register  
online for full month session.

Please wear a mask if you are not vaccinated. Must bring own paddle.

### UNIFIED FAMILY KICKBALL

Kick off fall with a fun day on the field! Promoting sportsmanship and encouraging all special needs families to join in the fun. Buddy system available. Sponsored by East Haddam Board of Education and Parks and Rec.

Saturday, October 16 (Rain date October 17),  
11a.m.-1p.m. at EHES  
Cost: \$2/person (includes a tasty treat!)

### ACTIVITY TO GO KITS

Kick Each activity kit includes supplies, ingredients, and instructions for 2 craft projects and 2 treats! It also includes season-themed puzzles and coloring pages. We will have kits for October, November and December.

October (Fall and Halloween theme)  
Registration deadline: October 17  
Kit Pick-up: October 26  
Cost: \$12

### PLAY WELL ADVENTURES IN STEM WITH LEGO FOR GRADES 1-3

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Trains, Helicopters, and Treehouses. Design and build as never before and explore your craziest

Thursdays, November 4-December 16  
(No 11/11 and 11/25)  
3:30-5:00 p.m.  
Cost: \$105  
Parks and Rec Activity Room

### 18+ FUTSAL (INDOOR SOCCER)

Sundays, 6-8pm  
Municipal Gym  
Thursdays, November 7-January 30  
(No December 26)  
Cost: \$40

### HEARTSAVER CPR/AED & FIRST AID:

Become a lifesaver. This class teaches students critical skill to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives.

This course also teaches Adult/Child CPR AED and Infant CPR. Includes Heartsaver Card valid for 2 years. The course completes the requirements for babysitting, childcare workers, athletic coaches, camp counselors and gym workers.

Wednesday, October 13, 5:30-9:30 p.m.  
Parks and Rec Activity Room  
Cost: \$84



# THANK YOU!

*At East Haddam Parks & Recreation, we're proud to offer fun, engaging programs to the members of the community. This involves a lot of work on our end- and still, we wouldn't be able to do it without the unwavering support that we receive from each and every one of you. With that said, we'd like to extend a BIG thank you to everybody who helped make this summer so special.*

THANK YOU to M. Jones Fund at the Community Foundation of Middlesex County for the grant we received that allowed us to bring Three Belles Outfitters Kayaks and New Engling Rolling Video Laser Quest to summer camp. Thank you to **Officer Southworth and the EH Police and Fire Dept** for the donation of the dunk tank to camp! The campers loved it!! Many thanks to the Robdioux Family for their donation of fishing poles to summer camp this year! A huge hit! Thank you to our many Music on the River donors. Without you, this East Haddam tradition is not possible...**East Haddam Stage Company**, Elaine Muszynski, The Donner Family, Dick & Carol Parker, Lori & Stephen Fritzer, Mickey & Louise Pear, Walt & Jo Golec, Pat & Harvey Thomas,, Cecicila R. Golub, Louise VanHaverbeke, Gina Hodge, Linda Wagner, Lucy & Ed Ingram, Joy & Dennis McNeil, Marilyn & Gene Kalet, Janice Leconche, Richard & Audrey Laudenat, Gloria Sikorski, Mary L. Murphy, Mary Augustiny, Two Wrasslin Cats Coffee House LLC, Ballek's Garden Center, Doug & Karen Van Dyke, Edward C. Blaschik, Ralph Chappell & Joene Hendry, Doris B. Coster, Betsy & Joe Kaminski, The Dicristofaro Family, Kathy & Ken Klein, Richard Fiala, Mary Ellen & Kathleen Klinck, Wolf's Den Family Campground, Patrick Lacy, Sarah Gworek, Paul & Louise Magnano, Richard & Carol Harrington, Chestelm Health & Rehab, Dee Hasuly, The Barn Raisers, Beth & Russ Schondorf, Dave & Sue Rogers, Tony & Lori Shetensky, Starr & Phil Sayres, Essex Savings Bank, Bruce & Niki Gelston, Bruce Sievers & Niki Menounos, The Cooking Company, The Soboleski Family, Cynthia Deming & Anthony Valentino, Bill & Nancy Veronneau, John & Julie Piontkowski, Margaret Kennedy, Marcy Masci, Nancy & Ronald Borge, The D'Addeo Family, Paul Varkala, Sheldon & Judith Kaufman, Stuart Palmer (in Memory of Doreen), Warren Morse, East Haddam Lion's Club, our Paltinum Donor Rob Smith and our Diamond Donor Liberty Bank. Many thanks to Jansky's Rubbish Removal for their donation of a dumpster for us to use at The Town Beach as well as trash removal and sanitation services at Music on the River. Special thanks to our Music on the River Committee members **Candy and Anthony Nero, Brad Parker, Cynthia Deming, Tony Lisowicz, Tony Shetensky, Rob Smith, Margy Roberts, John Pointkowski**, and our behind the scenes set-up and clean-up crew, **Shawn Conroy, Drew Macneil, Ziggy Matthews, Cole Rode, Duncan Stewart, Joe Kalisz, Abbie Fuhrmann, Luke Karpiej, Drew Conroy, Matthew Conroy, Marissa Perry, Connor Young, Austin Sevigny, and Sarah Bencho** who's help ensured a successful season! Thank you **Shagbark Lumbar** for sponsoring our fall youth soccer program. Thanks to **Nutmeg Pharmacy** for sponsoring our Noises Sports Academy Camp. Thank you all those who generously donated to the Lukas Breton Scholarship Fund. This scholarship fund was established by the **Breton family** to help ensure every child in East Haddam is able to attend our summer day camp... Mom's Club of East Haddam CT, The Erlandson Family, Karen Flaherty, Jenn Boyle, Karianne Kendall-Rand, Chandra Joos, David Holahan, Faith McMahon, Nicole Gelston, Jennifer Serra, James Floyd, Zachary Davidson, Mathias Navin, Paula Austin, Melanie Kolek, Nancy Fall, Jenn Boyle, and Shannon Owens. As always, we are astounded and humbled by the support we receive from the incredible people and organizations in our town. From the bottom of our hearts, thank you.

