

East Haddam Parks & Recreation

WINTER NEWSLETTER



JANUARY | FEBRUARY | MARCH

2022

IN THIS ISSUE

PAGE 3
REGISTRATION
INFORMATION

PAGE 4
COMMISSIONERS
STAFF

CONTACT INFORMATION

PAGES 5-6
PROGRAMS FOR Ages 3+

PAGE 7
PROGRAMS FOR AGES 16+
PROGRAMS FOR AGES 18+

THANK YOU!

So much of what we do would be impossible without the help of many!

Thank you Shagbark Lumber for their continued sponsorship of our youth sports programs.

Thank you to Chick Grillo for hosting our table at Project Safe Halloween.

Thank you PJ Parkus and Warren Morse for their assistance preparing our soccer fields this fall.

Thank you to all our fall soccer coaches for their enthusiasm, time, commitment, and patience! Josh Ward, Don Hinton, Ryan Edgar, Kelly Anderson, Carney Anderson, Jessica Salazar, Jennifer Kubrynski, Kevin Cotton, Dan Butler, Erin Smith and our program supervisors Melissa Yatsenick, and Tim Cahill.

Many thanks to The Moodus Ice Cream Parlor for their gift card donation for our Family Night Candy Contest. Thank you to the East Haddam Stage Company for their set assistance. And a special thanks to Michele Gustine, Erin McKinney, and Barbara Free for their help in our Letters to Santa Writing Workshop.

Thank you to the EH Senior Center, EHYFS Youth Helping Youth, and NHRHS Straight from the Heart members for making Project Jingles a success.



Photo courtesy of facebook.com / eWeather

REGISTRATION

TO REGISTER FOR EAST HADDAM PARKS & RECREATION PROGRAMS ONLINE...

STEP 1

Visit our website at www.easthaddamrec.com and click on the tab to register

STEP 2

If you do not have an account, please create one. Fill in your information and add each family member as a participant

STEP 3

Register for available programs and pay with credit card

PLEASE NOTE:

- ❄ Programs are filled on a first come, first serve basis
- ❄ All programs require advance registration, unless otherwise noted
- ❄ Please remain aware of registration deadlines as materials, jerseys, etc. need to be purchased ahead of time. In addition, we must allow time for team placement and other planning details.
- ❄ Registration must be completed online or in person at the Parks & Rec office
- ❄ Late charges may be applied to registrations submitted after the deadline
- ❄ No refunds will be given after the program starts



COMMISSIONERS

MICHAEL DAVIS (CHAIR)

MARGY ROBERTS | CHICK GRILLO

TINA PISCIOTTI | DAN CARBO

PATRICK LAFFAN | TRAVIS GOODIE

FERN TREMBLAY | BARBARA FREE



STAFF

LISA CONROY
DIRECTOR

BEVERLY CHRISTOPHER
ADMINISTRATIVE ASSISTANT

CAROLINE BONADIES
STUDENT ASSISTANT

EAST HADDAM PARKS & RECREATION

**1 PLAINS ROAD
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P.O. Box 385**

**PHONE: (860) 873-5058
FAX: (860) 873-5028**

WWW.EASTHADDAMREC.COM

OFFICE HOURS

**MONDAY – FRIDAY
9 AM – 2 PM**

**TUESDAY
9 AM-7 PM**

PROGRAMS FOR AGES 3+

HOW SWEET IT IS!

Activity to Go Kit

Each activity kit includes supplies for the following crafts and treats:

- Valentine's Gnome
- Valentine's Wafer Cookies
- Bee Mine Valentine's Paper Plate Craft
- Strawberry Yogurt Pops
- Conversation Heart Chocolate Pretzels
- Coloring Sheets/Word Puzzles/Searches

Order deadline: February 3.

Pick-up date: February 10.

Cost: \$15 per kit



AMERICAN RED CROSS CPR FOR BABYSITTERS (AGES 11+)

March 16 & 17

5:30 pm – 7:30 pm

Parks and Rec Activity Room

\$72

SKYHAWKS

Baseball, Basketball, Soccer

Tuesdays

March 15 – April 5

Municipal Gym

MULTI-SPORTTOTS

AGES 3-4 YEARS

3:30 pm – 4:15 pm

\$79

MINI-HAWK

AGES 4-5

4:30 pm – 5:30 pm

AGES 6-7

5:45 pm – 6:45 pm

\$85

ABRAKADOODLE ART PROGRAMS

(REGISTRATION WILL OPEN IN FEBRUARY)

PLUG INTO YOUR IMAGINATION

FOR GRADES 1-3

Thursdays, March 3, 10, 17 & 24

3:30 pm – 4:15 pm

(1:30-2:15 PM on March 17)

EHES

\$58

DOODLER PLUS KIDS ON CANVAS

FOR GRADES 4&5

Mondays, March 7, 14, 21 & 28

3:15 pm – 4:15 pm

NHRMS

\$72

PROGRAMS FOR AGES 3+

FUTSAL

For Ages 9-14

Coaches: Zane Barber and Joey
Plude

Tuesday and Fridays, January 18 - March
25

Tuesday Training Session
5:00 pm – 6:00 pm
Municipal Gym

Friday Match Play
5:00 pm – 9:00 pm
(specific game time TBD)
Elementary School Gym
\$ 40

ARC BABYSITTING COURSE

Participants will learn the basic skills
needed to be a safe babysitter.
Attendee will receive a certificate
after completing class and
successfully demonstrating their
skills to the instructor.

Ages 11+

January 31, February 2, and
February 23

5:30 pm – 7:30 pm
Parks & Rec Activity Room
\$65

**FAMILY DODGEBALL
(AGES 10+)
COMING IN MARCH!**

EHPR WINTER ESPORT LEAGUES

Registration ends January 17

Leagues Start January 24

\$40/ person, 6-week season, 1 week playoff & 1 week championship

Ages 8-12- 7:00 pm – 8:00 pm

Ages 13-18- 8:00 pm - 9:00 pm

Ages 18+ 9:00 pm – 10:00 pm

Madden '21: Mondays - PS4 and XBOX

Fortnite: Tuesdays (Solos), Fridays (Duos)

Rocket League: Wednesdays (1v1 & 3v3)

Super Smash Bros: Thursdays - Nintendo Switch

Mario Kart Deluxe: Mondays - Nintendo Switch

PROGRAMS FOR AGES 16+

GENTLE YOGA

VIA FACEBOOK LIVE

This program is appropriate for all levels of fitness or yoga experience. Increase Strength and flexibility while decreasing stress. Call the office for financial aid.

Must have Facebook account to join virtual class. Ages 16+

December 15, 2021- February 2 and
February 9 - March 30

Wednesdays

6:30 pm – 7:30 pm

\$80/8 week session

\$12 drop-in

BOOT CAMP FITNESS

This program is designed to build strength and fitness through a variety of intense group intervals, 60- minute workout, 15- minute stretch. Ages 16+

Tuesdays 5:45 pm - 7:00 pm

Thursdays 6:00 pm - 7:15 pm

Session 1: January 4 -February 10

Session 2: February 22 – April 7
(No March 1 and March 3)

1 x/week: \$47

2 x/week: \$71

Drop-In: \$10

PROGRAMS FOR AGES 18+

18+ PICKLEBALL

Mondays & Fridays
9:30 am – 11:30 am

Wednesdays
6:30 pm – 8:30 pm

Sundays
3:00 pm – 5:00 pm

Municipal Gym
Session: Rates vary
Pickleball Club Card:
10 games for \$40
Drop-In: \$5

18+ PICK-UP BASKETBALL

Mondays
6:30-8:30pm

Thursdays
7:00 pm – 9:00 pm
Municipal Gym

January Session: \$25
February Session (No
February 21): \$20
Drop-In: \$5

18 + VOLLEYBALL

Tuesdays
January 18 – February 22
6:30 pm – 8:30 pm
Municipal Gym

\$25 (full session)
Drop-In: \$5