



EAST HADDAM PARKS AND RECREATION

FALL NEWSLETTER | SEPTEMBER | OCTOBER | NOVEMBER | 2022

IN THIS ISSUE

REGISTRATION | PAGE 1

COMMISSIONERS & STAFF | PAGE 2

PROGRAMS | PAGES 3-7

THANK YOU | PAGE 8



EAST HADDAM PARKS AND RECREATION HAS A NEW WEBSITE AND REGISTRATION SYSTEM.

Please go to www.easthaddamrec.com.

Click on the Create New Account link to open your account and gain easier access to program registration.

Be sure to add all the members of your household into the account. Don't forget to enter your cell number with the carrier so we can text you with any last-minute changes.

Your new household account will provide you with registrations history, financial history and much more.

We look forward to enjoying this enhanced registration experience with you.



PLEASE NOTE

- Programs are filled on a first come, first served basis
- All Programs require advance registration, unless otherwise noted
- Please remain aware of registration deadlines, as materials, jerseys, etc. need to be purchased ahead of time. In addition, time for team placement and other planning details must be allowed for.
- Registration must be completed online or in person at the Parks & Rec. office
- Late charges may be applied to registrations submitted after the deadline
- No refund will be given after the program starts

CONNECT WITH US!



<https://www.facebook.com/Easthaddamrec/>



<https://www.instagram.com/ehparksandrec/>



<https://www.musicontheriver.net/>

COMMISSONERS

MICHAEL DAVIS
CHAIR

MARGY ROBERTS

CHICK GRILLO

TINA PISCIOTTI

DAN CARBO

PATRICK LAFFAN

FERN TREMBLAY

BARBARA FREE

TRAVIS GOODIE

STAFF

LISA CONROY
DIRECTOR

CATHY TOZIER
ASSISTANT DIRECTOR

BROOKE PRASKIEVICZ
STUDENT ASSISTANT



EAST HADDAM PARKS & RECREATION | 1 PLAINS ROAD | MOODUS, CT | 06469 | P.O. BOX 385

PHONE: (860) 873-5058 | FAX: (860) 873-5028 | WWW.EASTHADDAMREC.COM

OFFICE HOURS: MONDAY – THURSDAY 9 A.M. – 4 P.M., FRIDAY 9 A.M. – 12 P.M.

PROGRAMS

MINECRAFT ENGINEERING GRADES 1-3

Venture into the world of Minecraft. Build your base, craft your tools, and use your minecart. Come explore the possibilities with a trained Play-Well instructor. East Haddam Elementary School.

Grades 1-3: Mondays- October 3-November 21. **No class Oct. 10th, Nov. 7th*

3:30-5:00 p.m. ~Cost: \$ 130.00 per session

MINECRAFT MASTER ENGINEERING GRADES 4-5

Bring your Minecraft adventures to life with a trained Play-Well instructor. Build shelters, craft mystical items, and perfect crossbow skills. Nathan Hale-Ray Middle School.

Grades 4-5: Wednesdays- October 5-November 16. **No class Oct. 19th*

3:15-4:45 p.m. ~Cost: \$ 130.00 per session



FALL BASKETBALL CLINICS FOR GRADES 3-5 WITH COACH SARAH ANDERSON AT EAST HADDAM ELEMENTARY SCHOOL

SESSION 1

Boys: Wednesdays, September 21, 28 (3:30-4:40pm) October 12, 19, & 26 **No class Oct. 5th*

3:30 p.m. - 5:00 p.m. ~ Cost: \$ 100 for 5 Days

Girls: Fridays, September 23, 30 October 14, 21 (1:30-3pm), & 28 **No class Oct. 7th*

3:30 p.m. - 5:00 p.m. ~Cost: \$ 100 for 5 Days

SESSION 2

Boys: Wednesdays, November 2, 9, 16, & 30 **No class Nov. 23rd*

3:30 p.m. - 5:00 p.m. ~ Cost: \$80 for 4 Days

Girls: Fridays, November 4, 11, 18, & December 2 (1:30-3:00 p.m.) **No class Nov. 25th*

3:30 p.m. - 5:00 p.m. ~Cost: \$80 for 4 Days

~Session 1&2 Combo: \$ 160.00 for all 9 days

*Transportation for Grades 4&5 to Elementary School provided via transfer bus.

CHEERLEADING CLUB GRADES K-5

Hale-Ray High School Cheerleaders along with Coach Gibb will provide a safe environment for students to learn basic cheer skills, including stretching, jumps, motions, cheer, and dance. Opportunity to perform a cheer at a Highschool football game at Coginchaug High School at the end of session.

Nathan Hale-Ray Middle School

K-Grade 2: Saturday October 1-22 9:00-10:00 a.m.

Grades 3-5: Saturday October 1-22 10:30-11:30 a.m.

Saturday October 29- 9:00-11:30 a.m. All participants practice

~Cost: \$55 per child.

** Maximum 10 students per session. First come, first serve.*



AMERICAN RED CROSS BABYSITTING CLASS

Participants will learn the basic skills needed to be a safe babysitter. Attendees will receive a certificate if they take the entire class and successfully demonstrate their skills to the American Red Cross instructor. Must be **at least 11 years** old to take the class. Parks & Rec Activity Room, Municipal Office Complex
October 17, 24 & November 7, 5:30-7:30 p.m., Cost: \$65

AMERICAN RED CROSS: CPR FOR BABYSITTERS

This is an extension of our ARC Babysitting Course and is open to all those who have previously taken our babysitting class. This class will certify babysitters in Basic First Aid as well as Infant and Child CPR.

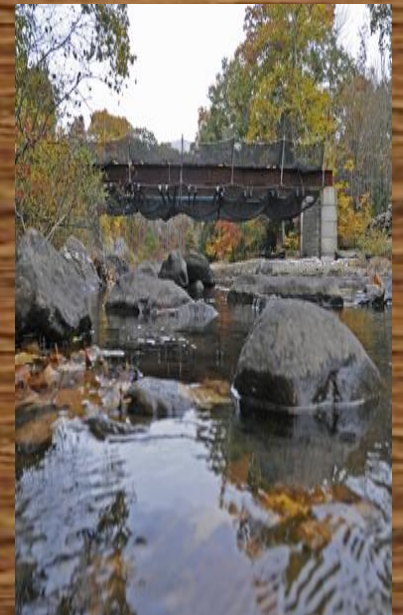
Ages 11-18. December 5 & 7. Municipal Office Complex

5:30-7:00 p.m. ~Cost: \$72

AMERICAN RED CROSS: CPR RE-CERTIFICATION FOR BABYSITTERS

This class will re-certify ARC Babysitters in Basic First Aid as well as Infant & Child CPR. **Ages 11-18.** November 23. Municipal Office Complex

5:30-7:30 p.m. ~Cost: \$72





COED 18+ BASKETBALL

Pick-Up Basketball in the Municipal Gym.

September Session

Mondays 6:30-8:30 p.m.

September 12, 19, 26 **No class Sept 5th*

Thursdays 7:00-9:00 p.m.

September 1, 8, 15, 22, & 29

~Cost: \$25 for all 8 days

October Session

Mondays 6:30-8:30 p.m.

October 3, 17, 24 **No class Oct 31st*

Thursdays 7:00-9:00 p.m.

October 6, 13, 20, 27

~Cost: \$23 for all 7 days

November Session

Mondays 6:30-8:30 p.m.

November 14, 21, 28 **No class Nov 7th*

Thursdays 7:00-9:00 p.m.

November 3, 10, 17 **No class Nov 7th*

~Cost: \$20 for all 6 days

ACTIVITY TO GO KITS

Each activity kit includes supplies, ingredients, and instructions for 2 craft projects and 2 treats! It also includes season-themed puzzles and coloring pages.

We will have kits for October, November and December.

October (Fall and Halloween theme)

Registration deadline: October 9th

Kit Pick-up: October 26th

Cost: \$12

**November and December Kit Pick-Up TBD*



16+ CO-ED VOLLEYBALL

Volleyball in the Municipal Gym.

September 20-October 25

Tuesdays 6:30-8:30 p.m.

~Cost: \$20 for six-day session.

Drop-in \$5

PICKLEBALL AGES 18+

September Session

Mondays 9:30 a.m. – 11:30 a.m.

Wednesdays 6:30 p.m. – 8:30 p.m.

Fridays 9:30 a.m. – 11:30 a.m.

October Session

Mondays 9:30 a.m. – 11:30 a.m.

Wednesdays 6:30 p.m. – 8:30 p.m.

Fridays 11:30 a.m. – 1:30 p.m.

**No Oct 10th or 31st*

November Session

Mondays 9:30 a.m. – 11:30 a.m.

Wednesdays 6:30 p.m. – 8:30 p.m.

Fridays 9:30 a.m. – 11:30 a.m.

Location: Municipal Gym

Cost: \$5/day, \$4/day with purchase of Pickleball Club Card (\$40 for 10 days), Option to register online for full month session.



PICKLEBALL CLINIC

Are you interested in learning something new or improving your basic pickleball skills? Our instructional session will help you learn and improve basic skills and doubles strategies. Our focus will be on building a foundation for safe play. Modified activities will be introduced in addition to basic skill drills so you may participate at your own comfort level. We will have some fun as we learn about the game which combines ping pong, tennis, and badminton skills but has nothing to do with pickles!

October Session

October 7, 14, 21, & 28

Fridays 9:30 a.m. – 11:30 a.m.

~Cost: \$15 for full session, \$5 drop-in

**You MUST sign the required paperwork and waiver to participate. Limited to 12 participants.*





BOOT CAMP AGES 16+

Ready to invest in your health and fitness and see real change? Boot Camp fitness offers small group training sessions with a Certified Personal Trainer. A 60-minute work-out with a 15-minute ending stretch. Sessions focus on exercises and functional training.

Tuesdays 6:00-7:15 p.m. Old Town Hall
(Town Street)
and/or

Thursdays 5:45-7:00 p.m. Municipal Gym

September 20 – November 10, 2022
November 22 – January 12, 2023

~Cost: 1x/week \$64
2x/week \$96
or \$10 drop-in.

IN-PERSON GENTLE YOGA AGES 16+

This class is appropriate for all levels of fitness or yoga experience. Increase strength & flexibility and enjoy moving your body and breathing mindfully.

Sundays 6:30-7:30 p.m.

September 4-25

Location: Senior Center

~Cost: \$40 for 4-week session, \$15 Drop-in

Please call the office (860) 873-5058 if you need financial assistance



VIRTUAL GENTLE YOGA AGES 16+

Increase your strength and flexibility while decreasing stress. This class is appropriate for all levels of fitness or yoga experience.

Via Facebook Live

Wednesdays 6:30-7:30 p.m.

September 14-October 5

~Cost: \$40 for 4-week session, \$15 Drop-in

All participants must have a Facebook account to participate in this virtual program.

Please call the office (860) 873-5058 if you need financial assistance.



THANK YOU!

At East Haddam Parks & Recreation, we're proud to offer fun, engaging programs to the members of the community. We wouldn't be able to do it without the unwavering support that we receive from our community.

THANK YOU to M. Jones Fund at the Community Foundation of Middlesex County for the grant we received that allowed us to bring Three Belles Outfitters Kayaks, New England Rolling Video Game's Hero Blast, and Mini-Campary to summer camp. Thank you to the **Community Foundation of Middlesex County** for the grant that allowed us to bring in Bubblemania, Ice Cream Emergency to summer camp. The campers loved all these extra special opportunities these grants provided. Thank you to **Officer Southworth and the EH Police and Fire Dept** for the donation of the dunk tank to camp! Thank you **Valley Bible Church and Pastor Chad Hemphill** for the donation of the bounce house and your supervision of its use! The campers had a blast! Thank you to our many Music on the River donors. Without you, this East Haddam tradition is not possible...Many thanks to our Silver Donors **Tony and Lori Shentensky, R.A. Parady and Sons Inc., Walt and Chris Parkus, Steve and Irene Haines, and John and Julie Piontkowski, and John and Cookie Gowac.** Thank you to our Gold donors **Paul Varkala, Stuart Palmer, Rob Smith, the East Haddam Lions Club, and the East Haddam Community Lions.** Thank you to our Platinum Donors **Dutch Oil and Propane, DATTCO, Liberty Bank, Nutmeg Pharmacy, and Jansky's Rubbish Removal.** Many thanks to **Jansky's Rubbish Removal** for their donation of a dumpster for us to use at The Town Beach and trash pick up at Nichols Field as well. Special thanks to our Music on the River Committee members **Candy and Anthony Nero, Brad Parker, Cynthia Deming, Tony Lisowicz, Tony Shetensky, Rob Smith, Margy Roberts, John Pointkowski, and our behind the scenes set-up and clean-up crew, Shawn Conroy, Drew Macneil, Sadie Herold, Ella Rogers, Abbie Fuhrmann, Drew Conroy, Matthew Conroy, and Brooke Praskievicz** who's help ensured a successful season! Thank you to **Iso and Blerta at the Gelston House and The Goodspeed Opera House (Ed Blaschik)** for your hospitality! Thank you **Shagbark Lumber** for sponsoring our fall youth soccer program. Thanks to **Nutmeg Pharmacy** for sponsoring our Noises Sports Academy Camp. Thank you all those who generously donated to the **Lukas Breton Scholarship Fund.** This scholarship fund was established by the **Breton Family** to help ensure every child in East Haddam is able to attend our summer day camp. Our deepest thanks to **East Haddam Youth and Family Services, The Goodspeed Station, The Praskievicz Family, Jennifer Amenta, Kelly Anderson, Janis Bishop, Betsey Booth, Jennifer Boyle, Sarah Buggie, Jamie Burgess, Beth Coltart, Zachary Davidson, Michelle & James Dion, Star Ems, Nate Fredericks, Lisbeth Furke, Maureen Gillis, Matthew Gorny, Chandra Joos, The Erlandson Family, The Kolek Family, Mariah Mager, Jennifer McVerry, Patricia & Daniel Malarney, Shannon Owens, April Parady-Walter, Ashley Schwab, Karianne Kendall-Rand, Jennifer Serra, Ruth Smerek, The Tremblay Family, Jeanne Bradley, Scott Magnano, Kevin Moffatt, Karli Fiala, Brian Johnson, Grey Rocks LLC, Austin Brasile, Mary Brasile, Stephen & Sheila Brasile, Chris Wisse, Thomas Dudchik, The Fiala Family, Diane Berner, Joy McNeil, Tracey Gionta, Denise Gable, Tracy Gibb, Mel Johnson, and Paula Austin.**

We are astounded and humbled by the support we receive from the incredible people and organizations in our town. From the bottom of our hearts, **Thank you!**

